

# Stormont Tennis and Squash Members Guide 2023/24

## Welcome to Stormont

### COME AND JOIN IN AT OUR ORGANISED PLAY SESSIONS

- Tennis Clubtime:** The Club organises Clubtime all year round for members of suitable standard.  
Sunday 10.00 – 13.00  
Wednesday 18.00 – 21.00  
Tuesday 10.00 – 12 noon in term time  
Balls are provided and doubles play is arranged.
- Squash Clubtime:** Wednesday 19.30 – 21.00 (September to June Term time)
- Teams:** There are ladies', men's, mixed and junior tennis teams, and in winter a mixed veterans team.  
There are two adult squash teams.  
The tennis teams are in the East Division of the Middlesex League.  
The squash teams are in the Middlesex Men's League (ladies can play in these teams as well and often do).  
Affiliation to British Tennis and/or England Squash (as applicable) is required in order to play for Middlesex tennis or squash teams respectively.  
Only fully paid-up members are allowed to play in the teams. Weekday members are not eligible to play in either the teams or the tournaments.  
There are regular team tennis practices on Saturdays throughout the year:  
12 noon – 14.00pm Ladies'; 14.00 – 16.00 Men's.  
Contact team captains if you wish to attend practice or play in teams.
- Coaching:** Private and group coaching for all ages and abilities is available throughout the year for both squash and tennis.  
Contact for further information:  
**Tennis:** Paul Salter – 07984 349767; Dinny Ravet – 07961 434889; Dan Shaw 07598 745695  
**Squash:** Vickie Prow – 07796 181286; Brendon Mounter 07305 552256; Daniel Moreno 07562 766130

### GENERAL INFORMATION

- Keys:** Keys to the Club Pavilion/squash courts/men's changing room are given at the time of joining.  
Replacement keys are available at a cost from Dinny Ravet.
- Shoe tags:** Shoe tags are issued to all members (instead of membership cards). Shoe tags should be worn on sports shoes whenever members are playing on the tennis or squash courts.  
Committee members have the right to ask people to leave courts if they are not wearing the current year's shoe tags and cannot prove that they are fully paid-up members.
- Clothing:** Appropriate sports clothing must be worn on both squash and tennis courts. Non-marking shoes and squash balls must be used on squash courts. Tennis shoes must be worn for tennis.
- Membership:** Application forms are available from the Membership Secretary – [membership@stormontlsrc.com](mailto:membership@stormontlsrc.com), the Club Pavilion noticeboard or from the web site [www.stormontlsrc.com](http://www.stormontlsrc.com)
- Visitors:** Please add your visitors name when you are booking the court and you will be charged an extra £5 for them.  
The same visitor can only come three times in any membership year. After that they may need to join Stormont.
- Club Pavilion:** This is the location of:  
Club notice board, tennis and squash boards including squash leagues and Club news.  
Junior noticeboards upstairs.  
Toilets and men's changing room.  
Ladies Changing room is the far side from the parking area. The key is on top of the light meters.  
If you use it and unlock it please make sure you lock it up again and return the key to its place.  
Drinks machine.  
Light meters for both tennis and squash.  
Members are responsible for ensuring that the door to the Club Pavilion is kept locked and that keys are kept safe. Lights must be switched off if no one is still in the Club Pavilion.
- Clubroom:** The Clubroom includes a bar, kitchen, toilet and pool table and is open during Clubtimes, coaching and when a function is taking place or a Committee member is present.
- Bar:** The bar is open for special events, or when a Committee member or team captain with a bar key is present.  
Alcoholic drinks shall not be sold to any person who is not a member, or any person who is under 18 years of age.
- Property:** The Club does not accept liability for members' property. Please do not leave valuables lying around in changing rooms or elsewhere on the premises.
- Guests:** Guests may attend all social functions. If guests wish to play, the visitors' rules apply.
- Noise:** Please keep noise down – we are in a quiet residential area.
- Website:** [www.stormontlsrc.com](http://www.stormontlsrc.com) contains up-to-date information on squash, tennis, membership, coaching and news.
- Policies:** Club policies are maintained on the website, including, 'Children and Young Persons Protection Policy', 'Equality and Diversity Policy', and 'Recording and Publishing Images Policy'.

## USE OF COURTS

### **Only members may book courts.**

Booking is done through Clubspark and is restricted to one court per day per member. Courts may be booked for two hours for doubles but a second member has to book the court for the second hour (which may require some synchronisation).

### **Booking charges:**

£1 per hour

### **Squash court lights:**

Using a credit card one tap gives you 15 minutes and costs £1.50

### **Tennis floodlights:**

Using a credit card one tap gives you 15 minutes and costs £1.25

Floodlighting cannot be used on Sundays or bank holidays and automatically cuts off at 9pm.

If you allow the floodlights to go off on the tennis courts they will not fire up again for 10 minutes so make sure you add more payment before the red light goes out.

### **St Luke's/Woodside Square tennis court**

The tennis court at St Luke's/Woodside Square is situated at the far end of Woodside Avenue, next to St James's School. It may be booked like any other Stormont tennis court. The code for the padlock is changed periodically. The current code is shown on your booking confirmation through clubspark or may be obtained from Dinny Ravet (07961 434889).

### **Weekday members:**

Can only book courts/play off-peak (i.e. weekdays up to 18.00 and not at weekends or on bank holidays) and are not eligible to play in the teams or tournaments.

### **Changeovers:**

Always stop immediately when your hour finishes if the next people who have booked the court have arrived.

### **10 minute rule:**

If a court has been booked, the players must be on court within 10 minutes of the start time, otherwise they forfeit the right to the court if anyone else (including juniors) has already started using it.

### **Free courts:**

Players may use a court which is free for the above reason, or if it has not been booked at all.

### **Cancellations:**

Members should cancel courts they cannot use as far in advance as possible to enable other members to use them. No refunds for cancelled bookings will be given unless cancellation takes place more than 24 hours in advance.

### **Tennis net:**

Correct height is 3 feet. A measuring stick is kept on each court.

The nets are not designed to be leant on or jumped over!

### **Gates:**

Use the nearest gate to your court. Always shut gates.

### **Safety:**

Place all bags, clothing etc. at side of the court by net. Please do not hang anything on the court fencing.

Remove all litter from the court – drinks cans, ball cans etc. There is a bin in the Club Pavilion or take your rubbish home. Please do not leave any tennis balls lying around.

Do not walk behind/across the other court.

### **Balls:**

Send stray balls back to other court as soon as practicable.

At Clubtime/team practices – please find all balls hit out of court.

Tennis and squash balls can be purchased from Dinny Ravet.

## JUNIORS

**PLEASE NOTE** that no full-time staff are employed by the Club, and junior members may therefore be alone on the premises.

The parent/guardian of each junior member is responsible for (1) the supervision and safety of their child while on the Club premises; (2) the locking, where necessary, of the Club Pavilion on the child's departure and (3) arrangements for court bookings made on behalf of the junior member.

Junior members aged 11-18 may obtain a key to the Club Pavilion (squash courts) so that they can book courts/lights and play.

### **Tennis and Squash Clubtime:**

Juniors of suitable standard may join in Sunday morning and Wednesday evening Clubtimes by invitation, applying to and being accepted by a Committee member, but when it is busy they may not play as many games as senior members.

### **Senior competitions:**

Juniors who regularly play in the Club teams may enter the Club competitions.

### **Events:**

Organised for juniors throughout the year and where stated they may join in some of the senior social events.

### **Media Policy:**

Parents, carers and spectators may use photographic equipment only in accordance with the 'Recording and Publishing Images Policy', a copy of which is on the website.

### **Young Persons**

### **Protection Officer:**

Bernard Lo – 0208 4446811/07740 466662; [bernard.lo@outlook.com](mailto:bernard.lo@outlook.com)