



See you in court: Stormont Squash Club is open again.

Squash players back on court

By Tony Hulse

Squash players welcomed Monday 17 May with glee and enthusiasm. This was the first time for 14 months they could go on court with multiple households and play full court singles and doubles squash.

My club, Stormont, which serves the East Finchley community, opened its doors promptly that morning, risk assessment done and safety precautions in place. We saw enthusiasts test their mettle after the long lay-off, not to mention endure a few aching muscles afterwards.

Our coaching team kicked into gear quickly, the response from juniors being particularly gratifying. However, it is clear that some players are still nervous and need convincing that

it is safe to return to the game. We are working to communicate the safety measures in place and to instil confidence in those who may be hesitating.

In addition, we are promoting squash in multiple ways, as are other clubs further afield in Hornsey and North Finchley, using the many ideas in England Squash's Bounceback campaign. In our case, we have introduced extensive and subsidised coaching for adults and juniors, with free rackets and taster sessions for newcomers.

We are also giving squash-only membership at reduced prices until the end of September.

Veterans and newbies welcome

The call is out therefore to former squash players and to newcomers to take advantage of these opportunities at Stormont in Lanchester Road, N6. Squash is a great game and a great way to get fit. It is not just for the sporty: it can be played in lots of ways by all generations. Find out more at www.stormontltsrc.com and see you on court!