SEPTEMBER 2019

Section 1 Squash Club www.stormontltsrc.com

Welcome to the 2019/20 season. I hope all members enjoy some excellent tennis and squash

Sadly, progress on the acquisition of the St Luke's tennis court has been slow. You may remember from my last report that we were waiting for Haringey to opine on whether the planning conditions they imposed on Hanover Housing Association for the court would apply to us. We hoped that the Council would take into account our status as a tennis club and conclude that we already satisfied the most important condition relating to public use. Regrettably, they have not. We are now exploring other ways in which we can satisfy that condition. I am optimistic that a route can be found though it may well involve refinements both to our court booking system and potentially to how members access the court (eg an electronic gate). We will do all we can to keep it simple.

Once the court is ours, our focus will be on surface repairs. It is disappointing that the comprehensive work undertaken five years ago, including root barriers, new foundations and resurfacing, has not lasted well. Members will be aware of the cracks along the edges of the court and the rippled surface in one corner. At least none of these defects affects the playing area but they are unacceptable for the long term.

I am delighted that Paul Salter has settled in as our Head Coach and you can see his report later in the Newsletter. He is proposing a number of changes to junior and adult coaching; do let him know what you think of them as they are intended for members' benefit. Dinny Ravet is keeping up some coaching whilst continuing her vital work as Club Manager and Membership Secretary. Thank you, Paul and Dinny.

Vickie Prow continues to lead our squash coaching team but sadly has given notice that she intends to stand down in the New Year. We will be working with Vickie and others to identify an equally energetic successor. We wish her every success in her new role as chair of Middlesex Squash.

The summer tennis tournament was highly competitive, culminating in a most enjoyable finals day organised by Dinny. Fabien Zinsner maintained his hold on the men's singles title beating James Sefton in three sets, but with Paul Salter on the other side of the men's and mixed doubles, Fabien could not manage the triple. Congratulations to Sue Goddard on her first win in the ladies' singles in a close final against Abi Don, and also to Cheryl Clarke and Abi for their first win in the ladies' doubles. Full details of all the finals and lots of pictures are

The Middlesex Summer Leagues saw promotion in tennis for our Men's First Team and Ladies' Second Team to Division 2 in their respective draws and in squash our Men's First Team to Division 3. Congratulations to the teams and, just as important, their captains for their administrative prowess. These are heady heights and it takes nothing away from the achievement that success in each case was by narrow margins. Other Stormont teams were positioned comfortably mid table as you can see from the match reports on pages 2 and 6.

As I say each year, Stormont is a private members' club so what we do is entirely with the interests of members in mind, having regard to the local community in which we operate and seek to cooperate. If there are improvements or changes you would like, please let me or any committee member know.

Finally, I would like to thank all committee members on your behalf for the time and effort they put into the club's affairs.

Tony Hulse, Chairman



Tennis Finals 2019

Fabulously cooked food thanks to Chrys Vorka and friends, with wonderful bar, ball personning and line judging.

Exciting, well contested matches and new names on most of the cups.

Ladies' Singles: Sue Goddard beat Abi Don 6-4, 7-5 Men's Singles: Fabien Zinsner beat James Sefton 6-3, 0-6,

Ladies' Doubles: Cheryl Clarke and Abi Don beat Hannah Isaacs and Sally James 3-6, 7-6, 4-0 (retired)

Men's Doubles: Paul Salter and Ben Wiltshire beat Fabien and Matt Zinsner 6-7(4), 6-2, 6-3

Mixed Doubles: Abi Don and Paul Salter beat Sally James and Fabien Zinsner 6-3, 6-2









TENNIS

MIDDLESEX SUMMER TENNIS MATCHES

LADIES' FIRST TEAM

Comfortably fourth

We won three – 22, 17 and 16. We drew two. We were totally beaten by Hackney who had delightfully good players.

And we had a fiasco match against David Lloyd. So Please remember that you must turn up for a match unless both teams agree to postpone BUT once there if you won't be able to play on the same court surfaces and can't start playing at a reasonable time

DO NOT AGREE to start.

Dinny, Gina and Sally played in six, Barbara, Sue and Wendy played in five, Abi played in four, Hannah in two and Cheryl, Norma and Ping played for us just once so they weren't burnt out for Ladies' 2.

Well done all those who played for Ladies" 1. We came comfortably fourth.

Dinny Ravet, First Team Captain

LADIES' SECOND TEAM Promoted to the dizzy heights of Division 2

This was an excellent season for the Second Team. We finished second in Division 3 and this means that, for the first time in the history of Stormont Ladies' Second Team, we will be promoted to the dizzy heights of Division 2. Each and every player contributed to this brilliant result. Cheryl, Susie, Norma, Waed, Sarah, Ping, Patricia, Barbara, Kate and Polly all played their part. I would particularly like to mention Susie who made herself available for every match of the season, and Cheryl who played 23 sets with four different partners and lost only two of them. With confidence among the squad riding high we look forward to what will undoubtedly be more challenging tennis next summer. Jeni Walwin, Second Team Captain

LADIES' THIRD TEAM Comfortably stay in Division 5

The Third team had a pretty tense final match as we were bottom of the Division though with a match in hand. We did very well coming 4th overall and will comfortably stay in Division 5. We were sad to lose Emily to Australia but have excellent new recruits to the team. Great play by all and many thanks to Jenny T, Jane A, Angela, Emily, Susan, Harriet, Polly, Armelle, Izzy, Gina, Sarah and Carol.

Sheena MacCallum, Third Team Captain

MEN'S FIRST TEAM

A Great Season

What a summer for Stormont's first team, ending with our well-deserved promotion back to Division 2.

The season started well and the goal was clear. However, our 3rd division was split in two with three strong contenders and three completely adrift who unfortunately conceded even more points to our rivals than to us.

So in our last match against Winchmore Hill, the equation was simple. We needed to beat them by a minimum of 19-5 ... it sounded impossible given that they won their last two matches 24-0, and they knew that only three sets were needed to see them promoted.

Nonetheless, Men's 1 got ultra pumped up before the game, and that evening, as the Stormont's pairs reported their results, the grail gradually appeared in sight, until amazingly, we grasped it – we smashed them without conceding a set. WouhaaaaIII

The success is mainly due to team consistency and the key arrival of new players, Alex Minogue-Stone and Paul Salter.

At the end, we were only one point from the top spot.

Thanks to Tim, Matt and Olli for making most of the matches and to Gabriel, Everton, Nick, James and Antonis for helping.

Congratulations! A great season.

Fabien Zinsner, First Team Captain

MEN'S SECOND TEAM

Commitment and Distinction

The Men's Second Team had a good summer season in a competitive Division 7, finishing fourth and only missing out on promotion in the last round of matches. 14 different players turned out including welcome debutants Callum and Ash (though Ash did play for the Thirds last winter). We borrowed Olli from the firsts for our opening two fixtures, and Andrew returned from injury to play two at the end; big shout-out to Alex L who played all seven matches, and Keith and Everton who each played six and were respectively second and fifth of the 104 players in the divisional rankings. Also playing with commitment and distinction were Antonis, Bernard, Marc de L, Mark C, Peter S, Thom and myself. Thanks to everyone who played and supported and to Dinny and Paul for the advice and guidance.



Last winter saw the exciting new arrival of Stormont Men's Thirds. We finished a respectable fourth in our maiden season in Division 8 and hope to improve on that in the coming winter period. If you would like to join our squad, please get in touch at gregnowitz@hotmail.com. Greg Nowitz, Third Team Captain

> **Tennis Singles Ladder** Please email Dinny if you want to play in the next run of the Singles **Tennis Ladder** dinnyravet@gmail.com



If you are not a member of British Tennis please join now.

Lite membership is free as a member of Stormont.

Please opt-in for Wimbledon tickets for Stormont and therefore for all our members, not just

Please do this immediately you get an email from British Tennis asking you to. This saves Dinny from doing lots of nagging. https://www.lta.org.uk/member/

TENNIS CLUBTIMES

Wednesday 6-9pm and Sunday 10-1pm continue throughout the year

TENNIS

A WORD FROM THE COACH

I trust everybody has had a good summer break and all are refreshed.

Last terms' tennis classes were my first real opportunity to work with the children we currently have on a regular weekly basis.

I hope that by now everyone knows me and what I expect. It has been nice to meet everyone and thank you for attending; I hope that I can encourage more to get on board during this upcoming season.

A tennis camp was held in the last week of July which saw a total of 43 children from ages 7-11 attend over four days.

I plan to hold some events for the children on Sunday afternoons, which will be fun type pay-n-play matches for different ages/abilities with prizes on offer.

The Autumn/Winter term will resume on the 10th September and run for 13 weeks ending on the 13th December - see page 4 for details.

This term will see the introduction of a new booking system in place for parents. Please follow the link: https://bookwhen.com/tptennis on your browser. Alternatively you can now visit the website www.tptennis.net where you can also access the bookings page for all after school classes and Holiday courses.

Work last term at St. James and Tetherdown Primary Schools offered several free sessions for all pupils and will hopefully bear fruit going forward with the introduction of some dedicated schools tennis sessions on a weekly basis.It is envisaged that with these extra sessions we can increase participation and encourage more children and parents to become active members at the club. From this extra input in talent, I would like to progress the coaching programme further and to streamline the classes with a focus on an academy style format for the super talented.

Adult sessions will remain on a Saturday 10-11 for Improvers/Rusty rackets and 11-12 for Intermediates and above.

The new two hour format for Team practices have, I think, been successful, with the extended drills and tactics section plus a 45 minute matchplay opportunity at the end giving everyone a chance to have a proper sweat!

In addition to these sessions I will be starting: New 90 minute session on a Wednesday 10-11.30 for Ladies and Gents who are either Improvers, skillfully new to tennis, or who are coming back after many years; and a Thursday session 10-11.30 for Gents in particular who are experienced players (also open to strong ladies). Both of these sessions will combine some technical tips and will consist of drills, tactical implications and point-play scenarios.

However, these are NOT drop-in sessions! An e-mail was sent out to you all before the summer holidays explaining how you can join, which will take the format of a WhatsApp group. If you wish to be a part of either of these sessions please email or text me with your mobile number and I will add you.

Each week you must let me know your intention to attend 24 hours or more prior to the session. If I have less than four participants each week the session will not run. I'm sure this process will be quickly adopted and become the norm!

The cost of these new sessions will be £12 per person per week and payable on the day.

And lastly a quick update on my playing escapades. Back in late April after the last newsletter was printed I went to Dublin as Captain of the England Mens 45's team where we won the entire competition against Wales Scotland and Ireland. Also I was runner up in the national grass court seniors event at Wimbledon in August. I will be playing two more events in Spain before the end of the year with a hope to finish in the top 10 in the Seniors World Rankings.

Paul Salter, Head Coach

ADULT TENNIS COACHING GROUPS



Contact PAUL SALTER **Head Coach** mobile: 07958 903021 tptennis@live.co.uk

COST Individual lessons £40 an hour PRIVATE GROUP LESSONS PER HOUR 1 Person £40 4 People £12 each 2 People £20 each 5 people or more £10 each 3 People £15each

GROUP SESSIONS Wednesday 10 - 11.30am:

Thursday 10-11.30am:

Saturday 10-11am: Saturday 11-12pm:

Team Practices:

Beginner-Improver Men + Ladies': Book via Paul Mobile each week - 24hour notice needed Intermediate/Team level Men + Ladies': Book via Paul Mobile each week - 24hour notice needed Improvers and Rusty Rackets – Drop In session Intermediate – Advanced – Drop In session

Saturday 12-2pm Ladies' Saturday 2-4pm Men

COST OF GROUP SESSIONS

Wednesday/Thursday group sessions – £12 per person Saturday Drop in sessions 10am-12pm – £10 per person Saturday Team practices – £8 for 1 hr / £15 for 2 hrs

Racket restringing is available at these rates:

Natural Gut @ £35.00 per racket Synthetic Gut @ £22.00 per racket Poly @ £25.00 per racket Hybrid Poly/Syngut @ £25.00 Hybrid Poly/Natural Gut@ £30.00



Pay your Stormont subscription NOW or by 1 October to get 10% off Please note that paying by bank transfer and physically filling in the form and returning it are the most helpful ways of renewing. Further details are on the membership application/renewal form and on the Stormont website www.stormontltsrc.com

TENNIS

Junior Group Tennis Lessons at Stormont Autumn/Winter Term 2019

13 weeks starting 10 September No lessons during half term (21-25 October)



£156 for 13 week term £156 for 13 week term £156 for 13 week term

£117 for 13 week term

£117 for 13 week term £117 for 13 week term

£117 for 13 week term

£117 for 13 week term

£117 for 13 week term

£117 for 13 week term

£117 for 13 week term

All children must be members of Stormont to take part in these lessons.

Stormont Tennis & Squash Club,
13 Lanchester Road, London N6 4SU

www.stormontltsrc.com

To book your child onto a class you can visist https://bookwhen.com/tptennis directly Alternatively please visit our website www.tptennis.net go to bookings page Any questions please contact Paul via email tptennis@live.co.uk 07958 903021



PAYMENT DETAILS FOR ALL JUNIOR AFTER SCHOOL CLASSES AND HOLIDAY COURSES

To book your child for all after school classes please visit https://bookwhen.com/tptennis

or www.tptennis.net and select "bookings page"

Click on the class you would like to book . Enter details as requested. Payment made online only by:

Visa Debit or Credit card . PayPal. American Express.

Mastercard. Discover. Dinersclub. JCB

You can email at tptennis@live.co.uk for enquiries.

You can call Paul Salter on mobile number 07958903021





DINNY'S ADULT TENNIS COACHING GROUPS

DROP-IN GROUPS

Improvers and Rusty Players

Friday 9 – 10.15am

Invitation Groups

Tuesday 1.30 – 3.00pm Friday 10.15 – 11.45am

Knowledgeable

and wily doubles players

COST

Individual lessons £32 an hour One hour drop in £8 One and a quarter hours £10

One and a quarter bours £3
One and a half bours £12

Dinny restrings rackets and demos rackets



Contact **Dinny Ravet**29 Fortismere Avenue
London N10 3BN
mobile: 07961 434889
dinnyravet@gmail.com

SQUASH

SQUASH COACHING @ STORMONT

Very excited to start the busy term. This season we have 16 Stormont junior players who are part of the Middlesex junior squad who will be playing and representing their county. This is a real achievement for the club and the coaches who have worked with them over the recent years. Most of them will be playing in the Middlesex Junior Closed tournament in September and we look forward to seeing their results.

September junior squash coaching starts in earnest with our usual junior programme on Wednesday, Thursday and Fridays and we are excited to be able to offer seven weeks of free squash coaching to 7-11yrs on a Wednesdays at 4.45pm with the support of the club and Middlesex Junior Squash. So if you have any friend who might wish to try squash for free let them know about it.

We will continue with our schools programme with Tetherdown Primary School and Archer Academy, with an additional offer, again with the support of the club, Middlesex Juniors and London Sport, to year 4-6 children to join our academy. This will be a six week programme starting on 13th September for girls at 4pm and boys at 4.30pm for just £10.

We hope to be able to extend this programme through the year depending on its success.

We are also thrilled to be taking part in and to support Women 's Squash Week during 23rd – 29th September. As well as our usual Wednesday morning sessions we will host additional evening sessions which will be absolutely free of charge and the opportunity to win prizes and meet new friends/players. I will be sending out more information as it

becomes available.





12th October is also World Squash Day. We will be supporting England Squash and the campaign to get 1.5 million world wide and at least 5,000 new players in the UK playing squash. The club will be hosting a range of activities to introduce new people to the sport, and will be looking to our members to bring players to the club to have a go. Watch this space for more information.

This is my last term at Stormont and I look forward to seeing you all on court.

Vickie Prow

Play Squash P



Stormont Lawn Tennis and Squash Rackets Club

13 Lanchester Road, London N6 4SU

www.stormontltsrc.com

Junior Squash Coaching Sept - Dec 2019

14 Week Program (Term Time)

Starting w/c 2nd Sept to 15th Dec 2019 no coaching during half term (21st – 27th Oct)

Weds: 4.45 – 5.45pm beginners 7-10 years

**New for this term. First 7 weeks free then £42/£49*

5.45 - 6.45pm beginners/intermediate 10 yrs +players

6.45 - 7.45pm Intermediate players

Thursdays: 4.30 – 5.30pm beginners/new players 7-11 yrs

5.15 - 6.15pm beginners/intermediate 11+ yrs

6 - 7pm intermediate players 11+ yrs

Fridays: 4.15 – 5.15pm beginners 7+ yrs

5.15 – 6.15pm beginners/intermediate 11+ yrs

6 - 7pm intermediate/advanced 11+ yrs

Fees: £84 members/£96 non members per term. First 2 sessions

free for new junior participants & fees calculated pro-rata on

joining.

Payment should be made for all term sessions in advance by BACs to Sort code: 30-96-26, Acct: 22867560. Payment in cheque (payable to "Play Squash") or cash must be given to the coach.

Equipment provided.

Booking is essential for all group coaching and can be made at any time.

Contact: Vickie Prow 07796181286 or email: northlondonsquashcoaching@gmail.com.

With England Squash & Middlesex County Coaches



SQUASH

STORMONT'S FINEST BATTLE VALIANTLY

The Stormont First Squash Team had a great season this summer with many twists and turns. Former team co-captain Pete "worth a try" Key came out of retirement and rumoured hermitage in Highgate Wood for one last heist, new boy Leon earned his spurs with some great horse control and inspirational hairstyles, and journeyman squash player Alfie "the reader" Lake came home to roost on the Stormont courts at last. As things stand we've managed to get promoted into the heady heights of Division 3, but there's many a slip between the clubhouse and the squash court, not least because one of our rivals entered the score of their final match incorrectly into the virtual abacus, so watch this space. As always, thanks to old faithful Ruffs, trusty Hulse, Zinsner & Miller, to say nothing of wildcard Hodges, Zen the Fen, Racket-Flinger Mehta, Dr Charles de Gaulle, and odd-sock King of Spain. We're looking forward to a great winter season, so if you're young, you're physically fit, you should come to squash clubtime on Wednesday evening and join us. And even if you are not, still JOIN US.

Simon Ruff, First Team Captain



STORMONT BADGERS



Stormont Second Squash Team – With a fine influx of new players to the squash paddock, we decided there was (just!) enough depth to field a Stormont squash 2nd team in the Middlesex Summer League. Through some brilliant highs and probably a few more lows, the team has had a thoroughly enjoyable season. Despite our semi-elite players being gradually picked off and 'cuptied' to the 1st team, we

BRILLIANT HIGHS AND A FEW LOWS!

managed to keep hold of some quality and the team overall has done a cracking job racking up enough points for a very respectable season.

Big thanks to Puneet, Nat, Fabien, Louis, Zen, Mike, Wendy, Charles, Peter, Tony, Wendy, Zach, Lucy, Bob and James for turning out this season. Charles, Lucy and Bob all made debut appearances for the team and did a fantastic job. My apologies to all those other people I have repeatedly pestered to play who have been unable to make it! The lasting impression for me is just how much everyone has improved which bodes well for the winter season! I look forward to handing the reins back to Tony for the winter season. Phew!

Stuart Miller, Second Team Captain

SQUASH CLUB NIGHT Wednesdays 8pm Join us then



SQUASH PLAYERS need England

Squash membership.You need to be a member of England Squash to play in team matches and to secure benefits such as public liability and personal accident insurance, SquashLevels membership and exclusive member video content. Please pay the slightly higher Stormont membership subscription to be registered with England Squash (heavily subsidised by Stormont).

For the membership secretary to register you with England Squash they will need your date of birth and can then sign you up and get an England Squash membership number for you. When you receive your number you will need to activate your account by logging in.



Simon Ruff, (left) proud winner of both the Nick Hanika Handicap Cup and the "Ruff" Cup this year. I wonder who does the handicapping? (Right) Fiona Byrne (far right) and her Saturday Junior Drop-In players (and larger additions that day).



David Dorton Doubles Tournament. He was a lovely man with a great double handed backhand. He was a good gardener so everyone goes home with a plant.



BRIDGE AT STORMONT

Bridge has continued throughout the year. We meet once a month, usually on the second Friday, at 8pm to play bridge in the Club room. Please contact Patricia or Jon on 0208 883 7567 or 07774 146644 for further information if you are interested in playing

