

Tennis Coaching Changes

Welcome to the Summer 2019 season. I hope all members enjoy some excellent tennis and squash.

The big news is that Dinny Ravet has decided to stand down as our Head Tennis Coach at the end of this term after over 30 years in the role. A selection of highlights in pictures are shown on page 8. We all know that Dinny is irreplaceable, but I am pleased to report that Paul Salter has agreed to take on the role from 8 April, in other words for the Summer term. Paul has a piece later in this Newsletter where he introduces himself and talks about his initial plans. Dinny has given fantastic service to the Club over all these years, not just as a tennis coach and before that as a squash coach too, but in lots of ways keeping the Club running smoothly. I am delighted to say that she has agreed to keep on her roles as Club Manager and Membership Secretary, and will continue to run a limited number of group and private coaching sessions. Paul and Dinny will be working together over the Summer to make the transition as seamless as possible. We will find a suitable occasion to celebrate Dinny's contribution to the Club in the next few months.

Paul joined the Club in the Autumn and some of us have enjoyed coaching sessions with him already. He is an extremely experienced coach and excellent player and we are enormously lucky that he has agreed to coach for us. He is strongly committed to promoting the elements that make Stormont a special tennis club: its large junior section, its enthusiastic league teams and its broad range of adult coaching groups. I encourage 10 and under junior members to try the free clubtime coaching Paul is offering from 4 to 5pm on Fridays in termtime.

The acquisition of the St Luke's tennis court is proceeding slowly. The principal terms were agreed just before Christmas with Hanover Developments; we can finance the cost out of the Club's available resources; and a draft lease was produced at the end of January. However, agreement between the solicitors on the revisions which are needed to the draft seems to be taking ages. Probably just as important, Haringey needs to agree to some refinements to the planning permission Hanover received for the Woodside Square site (including the court) to recognise that we are acquiring the court and that will take time. Happily, we continue to be able to use St Luke's, although we have deferred some improvements to it until we are fully assured of ownership. By improvements, I mean dealing with the rippling of the surface along the edges and the cracks down the line of the root barriers which protect the main court surface. In the medium term we would like to improve the St Luke's court in other ways too.

You will note that the AGM on 17 April includes a resolution authorising the Committee to incorporate a company, wholly owned by the Club, as the vehicle by which to hold the lease of St Luke's court. This is a contingency arrangement but arises because the Club, as an unincorporated association, cannot itself hold title to land. For instance, the Lanchester Road courts are held by two Trustees on behalf of the Club, but this arrangement is less suitable for a lease that includes obligations which in remote circumstances could prove onerous. I always encourage members to attend the AGM, but if you want to understand more about this proposal in particular and generally learn more about how the Club is run on members' behalf, do join us on the 17 April (see notice and agenda on page 2).

Lastly on the tennis front, Teddy Tennis will be starting to offer lessons for tots aged from 3 to 5 on Friday from 3pm for one hour during the Summer term. Initially they will use one of the squash courts for the purpose but if the weather is good and depending on usage of the tennis courts they may venture outdoors at least on one of the tennis courts. Details are on page 5.

The squash season has been competitive for our two mixed teams as you can tell from the reports inside and a large number of players participate in the teams. Just as important, we have had a good influx of squash players this year, including some ladies. We pursue a range of initiatives to encourage squash and better usage of the courts. The most obvious are junior coaching, which Vickie Prow continues to organise for up to 40 juniors each week, Fiona Byrne's junior open sessions on Saturday mornings, and Club Night coaching which Nat Hodge runs successfully.

We are very grateful to Howard Barrett for researching and drafting a Squash Development Plan for Stormont. This recommends a number of practical initiatives we are pursuing within the limitations of the facilities and finance available to us. One of these is to make more of our junior membership which not only brings in younger players but often leads to their parents joining too. An example of this is the support we have extended to Tetherdown, the local school, which last year lost its Council funding for squash at Stormont. We have stepped in and financed the coaching ourselves – modest amounts of money – with the ambition that pupils come to the Club and are attracted to join. We will consider scholarships for the best from each group. A sceptic might ask why we should spend Club money in this way. The answer is that it promotes the long term interests of Stormont and wider memberships. Working with several local schools as we do also strengthens our credentials with Haringey when we argue that we satisfy the community obligations that the Council imposed on Hanover for the St Luke's court.

You will have noticed repainting and improvements of various sorts to our Lanchester Road facilities. Ideas for improvement are always welcome so do not hesitate to contact Dinny or me.

As I say each year, Stormont is a private members' Club so what we do is entirely with the interests of members in mind, having regard to the local community in which we operate and seek to cooperate. If there are improvements or changes you would like, please let me or any committee member know.

Finally, I would like to offer thanks to all committee members on your behalf for the time and effort they put into the Club's affairs.

Tony Hulse Chairman

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AGM Wednesday 17 April 8.00pm

details on page 2

free drink before

Annual General Meeting

The Annual General Meeting of the Stormont Lawn Tennis and Squash Rackets Club will take place on Wednesday 17 April 2019 at 8.00pm in the Stormont Clubroom.

AGENDA

- 1 Apologies for absence
- 2 Minutes from previous Annual General Meeting to be read and approved
- 3 To consider, and to adopt, the Annual Report
- 4 To consider, and to adopt, the Financial Report
- 5 Election of Officers and Committee Members for the coming year
- 6 To determine the subscription rates, entrance fees, guest fees and categories of membership for the year 1 October 2019 – 30 September 2020
- 7 To approve the standard terms of the banking facilities used by the Club
- 8 To authorise the Committee, if it thinks appropriate and necessary after due investigation, to form a limited liability company to hold the lease of St Luke's tennis court on behalf of the Club
- 9 Any other business and any other points which members would like the Committee to consider during the following year

Nominations for the Committee to be sent in writing before the date of the AGM to the Secretary, c/o Stormont Tennis and Squash Club,
13 Lanchester Road, Highgate, London N6 4SU
or tony@hulse.cc

TENNIS TOURNAMENTS

Monday May 6 starting at 1pm David Dorton Tournament is a fun Doubles Day. David Dorton was a keen gardener so prizes are plants. Turn up and depending on how many come, you play with the same or different opponents and play loads of tennis. Bring something yummy to share for afternoon tea.

Stormont Closed Tennis Tournament on July 21 is our club Knockout Championship Tournament (you must be a member of Stormont). Ladies and Mens Singles, Ladies and Mens Doubles and Mixed Doubles. Entry forms are on the notice board downstairs between the squash courts. Once the draws are up you arrange and book courts for your matches and bring balls. Winners go through. Finals on Sunday July 21 with umpires and ball kids. Start at 1pm followed by a delicious BBQ.

Wimbledon Ballot: Sunday 28 April at 1pm in the Club House

Stormont has been allocated 41 pairs of tickets for our Wimbledon ballot. Thank you to all the members who opted in and to Dinny for chasing us up.

Our ballot will be held on **Sunday 28 April at 1pm in the Club House**. With this many tickets, every family has a reasonable chance of winning a pair this year, so do come along. Full details are online at www.wimbledon.com.

Wimbledon runs from 1 July to 14 July.

The main ballot conditions are as follows:

- You must be a British Tennis member and aged 11 or over to enter the ballot. Your British Tennis membership details (including email addresses) need to be up to date
- You must have opted in to the 2019 Wimbledon Ballot by 22 February 2019
- You or your delegate must attend the ballot in person and your delegate must be able to select tickets on your behalf
- Only one pair of tickets will be allocated per family

As in previous years, winners will be drawn by lot which entitles you to select your tickets from those available. Thus the first winner can select his or her preferred court and date from all the tickets (we do not know the seat numbers); the last winner (no 41) will have no choice (other than to refuse the ticket). We will draw some reserves in case there are a number of refusals.

We will input the winners' ticket allocations to the LTA website immediately following the ballot. The LTA will contact winners by email as per their British Tennis membership details and allow them 14 days to claim the actual tickets allocated and to pay for them online. **Please accept and pay or reject them immediately** so that if you do not want them they can be offered to the reserves before the 24 May deadline.

There will also be a telephone purchase facility (0208 487 7000). The LTA will post out the tickets.

If you do not claim your tickets by 12 May, they will be reallocated to reserves. Reserves may win a ticket any time up to 24

May as a result of the LTA reallocation process so watch out for emails or online at www.LTA.org.uk/ballotlookup.

Please ensure that your LTA contact details are up to date. Log into your member's area and tick on 'Details' to edit your profile.

Reminder:

British Tennis Membership

Join British Tennis for free as a lite member at lta.org.uk/membership.

Put that you are a member of Stormont which is in Middlesex. Our Wimbledon ticket allocation and your entry into our ballot depend on the number of Stormont B.T. members we have.

As B.T. members you are asked every year if you want to opt in for Wimbledon tickets. Please do so immediately.

What's in a name?

Eagle-eyed members may have noticed that Stormont has not changed its official name. At last year's AGM, we proposed to shorten it to "Stormont Tennis and Squash Club" on the basis that references to "Lawn Tennis" and "Squash Rackets" were outmoded. Unfortunately, it quickly became apparent that such a change would entail disproportionate administrative effort, so we have stuck with the old name on official documents but will use the shorter name for all practical purposes.

That said, has anyone an authoritative explanation for why we are called "Stormont". Many of us assume that it is linked to Stormont Road which runs from Hampstead Lane to Denewood Road on the far side of the A1. But why? Was that where the Club was first formed and we only moved to Lanchester Road later?

Suggestions also please for a name for the new company, if we need it, to hold the St Luke's lease and potentially the Lanchester Road freehold. Front runner: Stormont Tennis and Squash Courts Limited

Answers on a postcard please!

The St Luke's padlocks need to be treated gently. Make sure the numbers are lined up on the slight metal ridge. The brick is there to encourage the bolt to close because it's very stiff!!

AGM
Wednesday 17 April
8.00pm

free drink before

Bridge at Stormont

Bridge is continuing throughout the year. We meet once a month, usually on the second Friday, at 8pm to play bridge in the Club room. Please contact Patricia or Jon on 0208 883 7567 or 07774 146644 for further information if you are interested in playing.

TENNIS

A WORD FROM THE COACH

Hello Stormont,

I am delighted to be taking on the role as Head Coach of Stormont from the 8th April and I thank the committee for this opportunity.

After many years of fantastic work and service from Dinny, I hope I can enthuse as many people to play tennis as she has.

I have been asked to write a brief piece about my tennis past and coaching going forward at the club.

I started playing tennis at the age of 7 at my father's local tennis club and was immediately hooked, but like so many other kids I also played a whole range of other ball sports including football, which led me onto a full YTS contract offered at Charlton Athletic by the age of 16. However, I always felt the pull towards tennis more. After a few years of playing tennis competitions as a junior I went into the Banking sector straight from school; however after a couple of years of commodity trading with Midland Montague I realised that this was not my calling. I decided to pursue tennis again and applied in the U.S for a Sports Scholarship. I was offered 6 places and decided on Jefferson State in Alabama studying English and Media. After my return from College I turned Pro in 1994 and played for 4 years on the Satellite and Challenger circuits where I gained a huge amount of match experience. My highlights were limited but I did manage to make it into the top 30 in the GB men's rankings, played an ATP tournament and the qualifying rounds at Wimbledon in 1995.



I still compete when I can on the ITF veterans circuit and I am currently the England Captain for the over 45's team where I hold World rankings in both Singles and Doubles.

I will be available to teach most days at Stormont and my telephone number for lessons is 07958- 903021. My individual rate is £40.00 for an hour. Some of you have already had sessions with me and I hope you have enjoyed and benefitted from them.

I would like to introduce some different on-court sessions over time this year and hopefully we can all grow the participation at Stormont.

One of the immediate things I would like to implement is to extend the coaching time involved in the team practices and to get a few more doubles events running. Also a slight change to timings to things, such as Saturday classes and to add a mid-week Drills session after work.

I shall be working with Dinny to achieve a seamless transition as far as we can and we will keep the current programme as it is for the short term. It is my intention to send out a new, revised schedule after this, both on the website and to members.

I stopped playing at the end of '98 when I realised I was going to be a father and promptly went into tennis coaching.

I was fortunate to land the role of Head Coach at the Tunbridge Wells LTC in 1999 and for the 13 years I was there, created and grew a large programme at this 21 court club.

Between 2012 and now I diversified into teaching English/P.E at a Boys Grammar School and more recently lived in Spain, where as well as other business projects, I have also been coaching tennis.



HAPPY HITTING

Paul Salter
Head Coach Stormont LTC

Stormont Calendar 2019

Summertime is the warmest time to play tennis.

Join groups or club times. Bring your friends. Non members welcome up to three times. After that encourage them to join Stormont.

- **APRIL 14 SUNDAY 3pm** Nick Hanika Squash Handicap Tournament
- **APRIL 17 WEDNESDAY 8pm** AGM
- **APRIL 27 SATURDAY 10-2pm** – ASK SAL Tennis clothing and shoes sale in the Clubhouse
- **APRIL 28 SUNDAY 1pm** Wimbledon draw
You or your representative must be at Stormont to choose the tickets for you if you are drawn. You must have opted in with the LTA for Wimbledon tickets by Friday 22 February to be eligible for our draw (see page 2).
- **MAY 6 MONDAY from 1pm** David Dorton Tournament is a fun Doubles Day. David Dorton was a keen gardener so prizes are plants. Turn up and depending on how many come you play with the same or different opponents and play loads of tennis. Bring something yummy to share for afternoon tea
- **MAY 6 MONDAY closing date to enter Stormont Tennis Closed Tournaments**
- **JULY 21 SUNDAY 1pm** Stormont Tennis Closed Knockout Championship Finals from 1pm
Stormont Closed (you must be a member of Stormont) tennis tournament is our club Knockout Championship Tournament. Ladies and Mens Singles, Ladies and Mens Doubles and Mixed Doubles. Entry forms are on the notice board downstairs between the squash courts. Once the draws are up you arrange and book courts for your matches and bring balls. Winners go through. Finals on Sunday July 21 with umpires and ball kids. Start at 1pm and followed by a delicious BBQ

ADULT TENNIS COACHING GROUPS



Contact Paul Salter
Head Coach
mobile: 07958 903021
paultennis@hotmail.co.uk

COST

Individual lessons £40 an hour

PRIVATE GROUP LESSONS PER HOUR

1 Person £40	4 People £11 each
2 People £20 each	5 people or more £10 each
3 People £14 each	

Beginners and Improvers

Drop-in Groups
Wednesday 10 – 11.30am Paul

Improvers and Rusty Players

Drop-in Groups
Friday 9 – 10.15am Dinny
Saturday 10 – 11.00am Paul

Invitation Groups

Tuesday 1.30 – 3.00pm Dinny
Friday 10.15 – 11.45am Dinny
Saturday 11 – 12 noon Paul

Team Practices

Saturday 12 – 12.45pm Ladies Paul
Saturday 2 – 2.45pm Mens Paul

COST OF GROUP DROP-IN TENNIS LESSONS

One hour drop-in £8
One and a quarter hour drop-in £10
One and a half hour drop-in £12
45 minutes team practice £5

Dinny and Paul restring rackets

Contact Dinny Ravet
29 Fortismere Avenue
London N10 3BN
mobile: 07961 434889
dinnyravet@gmail.com

COST

Individual Private Lessons £32 an hour



TENNIS

STORMONT WINTER FLOODLIT TEAMS

Thanks to everyone who played whatever the weather. Huge thanks to Greg who successfully ran the new Men's Third team.



SUMMERTIME IS THE WARMEST TIME TO PLAY TENNIS

Weather should be getting better.

Come out and play tennis.



Lots of different tennis lesson groups and club times to have fun in.

Bring a friend and exercise in the outdoors. Non members welcome up to three times.

Keep improving and play with all the family and friends.



LADIES' 1 in Division 2 – Hoping to maintain position

We have had a good season and have played well against a whole range of abilities. Some teams have had one brilliant pair and one not so good. Hanging around for up to an hour when you have easily beaten a pair and then going back on cold and having to warm up again, and then, often not having time to finish has proved frustrating.

We are second and hope to maintain that position with a good win in our last match and thus we will climb back to Division 1!!!

Sally, Sue Goddard, Dinny, Hannah, Abi, Gina, Barbara and Cheryl all played for the firsts

Dinny Ravet, Ladies 1 Captain

LADIES' SECOND TEAM – Sterling Work

This has been a good season. With one last match to play we are currently at the top of our table and hope to be returning to Division 3 next winter. Many thank yous to all the following players for their sterling work: Norma, Barbara, Patricia, Ping, Susie, Cheryl, Sarah, Gina, Lou and Sue Goddard.

Jeni Walwin, Second Team Captain

LADIES' THIRD TEAM – Stiff opposition

The 3rd team met some stiff opposition in Division 5, often against players usually in the higher summer Divisions. This was great for our tennis but perhaps not for our position in the Division which remains to be clarified. Happily staying in Division 5 for the summer ahead. Very many thanks to Jenny T, Angela, Jane A, Jane D, Susan, Patricia, Polly, Janete and Amira.

Sheena Maccallum, Third Team Captain

MEN'S FIRST TEAM – Pipped of honour

Following last year's promotion to Division 2, the men's first team did well this winter season.

With one remaining, we have won all our matches, even if sometimes by the smallest of margins.

We are therefore safe from relegation, but unfortunately we are not going to be promoted to Division 1. Some other teams managed to win by larger margins and will therefore just pip us to that honour.

Thanks to all who contributed to our venture this winter, to the regulars, Tim, Nick, Matt, Oli as well as to Antonis and Gabriel who gave us great support.

With a bit more luck next winter season, the Tigers may yet grasp the grail of Middlesex Division 1. We are up for it!

Fabien Zinsner, First Team Captain

MEN'S SECOND TEAM – Dizzy heights

With one match to play, Men's Seconds sit comfortably mid-table, safe from relegation but with promotion out of reach. As this is our first season in the heights of Division 5 this is a satisfactory position, and fairly reflects some pretty mixed results. We started well, with two good wins, followed by a draw (caused by illness on the night meaning the loss of eight points), a thumping defeat, a narrow defeat to table-topping Conway 3 and then another draw. Throughout this Keith and Gabriel have been our stand-out pair, having only dropped two sets in 12 together, and Antonis has won all eight sets in the two matches he has played so far. Thanks too to Alex, Everton, David L, Marc de Leuw, Olli and Tony, who along with me have made up the rest of the squad and all fought hard as ever.

Ian Lush, Men's Second Team Captain

MEN'S THIRD TEAM – Stormont's latest arrival

The winter season was marked by the introduction of Stormont's latest arrival, Men's Thirds, competing in East Division 8. An amazing 17 enthusiastic volunteers made life easy for me as captain to assemble teams for our eight matches. Through the season, we learnt the benefits of home ground advantage and the difficulties of adjusting to different surfaces. We faced very diverse weather conditions, including snow and wild winds as well as mild, pleasant evenings. Stormont 3 secured three wins, three losses and a draw and we have one match to play. We currently stand in fifth place, although have a strong chance to grab fourth. A very enjoyable debut so thanks and well played to Alex, Ash, Bernard, Colin, David P, Howard, Ian, Peter D, Sam, Simon and Thom as well as Peter W, Mark, Anthony whose matches were postponed.

Greg Nowitz, Third Team Captain

MIXED 1 in Division 1 – A good season

It was a good season for the Mixed first team, We went up last winter from division 2 to division 1 so we knew that the opposition was going to be tougher this year. We fielded strong teams and started the season with a number of draws three in total, then two wins and finished with two losses. The overall result was third in the division. The core team was Sally and Fabien, Hannah and Ben with help from Abi, Dinny, Paul and Ollie.

Sally James, Mixed 1 Captain

MIXED 2 in Division 3 – Fought hard and had fun

At present we are second in the division with only one match left to play but some of the other teams still have three matches to play so we could fairly easily be overtaken.

Many players joined in to do battle. Ollie and Sue were our most frequent players and together or apart they racked up a lot of points for Stormont. Gabriel played stunningly well in his one match.

The rest of us, Barbara, Sarah, Gina, Antonis, Dinny, Nick Ruff, Tim, Bernard and Alex, fought hard and had fun.

Dinny Ravet, Mixed 2 Captain

MIXED VETS in Division 5b – Keep on trying

Its been very hard to get people to play on Saturdays and Sundays and our results haven't been great.

At the moment we are fifth of six.

The players were Dinny, Sue, Susan, Sheena, Keith, Ian, Patricia, Mark, Greg, Bernard and Ping.

Dinny Ravet, Mixed Vets Captain

AGM Wednesday 17 April 8.00pm

free drink before

Tennis Clubtimes Wednesday 6 – 9pm and Sunday 10am – 1pm continue throughout the year

JUNIOR TENNIS

Junior Group Tennis Lessons at Stormont Summer Term 2019


12 weeks start week beginning 23 April
No lessons during half term (27-31 May)

	Tuesday	15.50-16.35	Mini green and yellow 10-13	£96 for 12 week term
	Tuesday	16.35-17.20	Yellow improvers 11-15	£96 for 12 week term
	Tuesday	17.20-18.20	Yellow ball improvers 13-18	£132 for 12 week term
	Wednesday	15.50-16.30	Green and yellow 10-12	£96 for 12 week term
	Wednesday	16.30-17.15	Mini red 5-7 already played	£96 for 12 week term
	Wednesday	17.15-18.00	Yellow ball improvers 11-15	£96 for 12 week term
	Thursday	16.00-16.45	Mini red 5-7	£96 for 12 week term
	Thursday	16.45-17.30	Mini orange 8-9	£96 for 12 week term
	Thursday	17.30-18.15	Green and Yellow	£96 for 12 week term

FREE TO MEMBERS

Friday 16.00-17.00

Junior club session starting from 26 April. This will be a coach led session with organised games and match play for 6-10 year olds

	Friday	17.00-18.00	Yellow ball girls 11-18	£132 for 12 week term
	Friday	18.00-19.00	Yellow ball intermediate 11-18	£132 for 12 week term

To book please text or email Paul Salter
07958 903021
paultennis@hotmail.co.uk

All children must be members of Stormont to take part in these lessons.
Stormont Tennis & Squash Club, 13 Lanchester Road, London N6 4SU
www.stormonttsrc.com



Easter Holiday Tennis Camps

Monday 8, Wednesday 10 and Thursday 11
Monday 15, Wednesday 17 and Thursday 18
10.00-12.00 Red and Orange balls 5-9
14.00-16.00 Green and Yellow balls 10-13
Cost per day £15 for members, £18 for non members

Private lessons will be available
To book please text or email Paul Salter
07958 903021
paultennis@hotmail.co.uk



Teddy Tennis

is coming to Stormont!!

Summer Term
(3/5/19 - 19/7/19)

No class 31/5/19 (Half Term)



Friday's from 3.15pm - 4pm
Cost per Term: £121.-(11 sessions)

Teddy Tennis is a fantastic new educational programme that inspires children aged 2½ to 6 years to get active and learn to play tennis. It works by combining Music, Pictures and 'Teddy Bear' stories into a totally interactive learning adventure that young children love.

Please book online on
www.teddytennis.com or
call us on 03456431173
First come first served!



PAYMENT DETAILS FOR ALL JUNIOR TENNIS CLASSES AND CAMPS

Please pay TP TENNIS by Bank transfer
Sort code: 09-01-28 account number:
31384035

Alternatively you can pay by Cash or
Cheque to TP TENNIS

TO BOOK E-mail tptennis@live.co.uk

Details MUST include:

1. The Class your child is attending
2. Child's name, d.o.b + age.
3. Address and emergency contact, any allergies/medication, Parents name
4. Method of payment



Sport Music & Fun
for the very young
www.teddytennis.com



SQUASH

STORMONT'S SQUASH PANTHERS PATIENTLY PURSUE PROMOTION

To be, or not to be: that is the question. Can the Stormont First Team clamber to the heady heights of Middlesex Division 4, or will this prove to have been a winter of discontent? Uneasy lies my head as I wear the heavy crown of Stormont squash captaincy, but hope remains, while company is true. The team has been exceptionally inclusive this season, so far we've had 17 different people play for us – so if you're a Stormont member reading this, and you haven't played for the first squash team, I suggest you take a long hard look in the mirror. And then get yourself onto the squash courts – what's the worst that could happen*!?

Simon Ruff, First Team Captain

*heart attack – this is why we have a defibrillator



**STORMONT
BADGERS!**



(Below) Exhausted finalists for 2018 Hanika Cup.



STORMONT 2 WINTER LEAGUE

Division 6 is a very congenial one: an extraordinarily high standard of squash considering it is the bottom league; friendly opponents (except they tended to beat us); and generally very wholesome match suppers. What more could you want? Well, a few more victories. We managed two out of the 14 matches played. However, apart from two or three teams which utterly outclassed us, we also managed lots of 2-3 losses and as a result look as if we will be seventh out of eight in the league by a reasonable margin (others still have matches to play). We enter the summer league with a sense of pride and a belief that we can do better.

We were helped by Nat Hodge's regular coaching on Wednesday Club Nights and by some good new recruits: welcome Hugh Moxon and Mike King who all won points for Stormont 1 or 2, and from February Leon Maudgil (the Middlesex under 15 no 1). Simon also helped tremendously by ensuring that he did not cup-tie players unnecessarily in the first team. This required the pair of us to exchange mathematical code worthy of "Enigma". As a result, Fabien Zinsner and Nat were saved and could generally turn out as first or second strings for Stormont 2 and we only lost Puneet Mehta from pole position (or sacrificial lamb as it is otherwise known). Stuart Miller had a barnstorming second half once he got over injury in the first half. David Breslin, Zen Bawani, Zach Moss and Wendy Levin (and I add myself here) also made vital contributions at various times.

Thanks to everyone for top class administrative efficiency in replying to emails promptly, turning up in the right place at the right time and to several of you who stepped in at the last moment to cover for injury, illness and other ill-timed disasters. We look forward to more good matches in the summer league for which Stuart will be captain of Stormont 2.

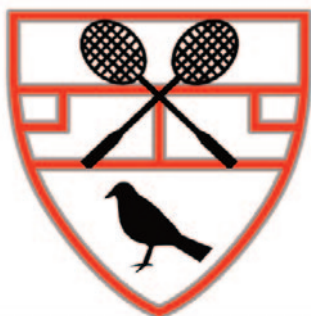
Tony Hulse, Second Team Captain

**SUNDAY APRIL 14
AT 3PM**



**SQUASH
CLUB TIME
WEDNESDAY
EVENINGS**

Stormont
Club Night



Wednesdays from 7.40pm until everyone's too tired to continue. Open to members and non-members. Free lights – just bring your racket

For fun, fitness and social squash for ladies & girls. Great for beginners

SQUASH LADIES/GIRLS CAN

WHEN: Wednesdays 10-11am from 24th April 19
WHERE: Stormont Squash Club, Lanchester Road N6 4SU
COST: £8/session or £42 for 6 weeks
CONTACT: Vickie Prow (Booking Required) 07796181286 northlondonsquashcoaching@gmail.com

englandsquash.com/squashgirlscan



Play Squash?

Driving Participation in Squash

Easter/April 19

Junior Squash Camps/Tournaments

at
Stormont Lawn Tennis and Squash Rackets Club

13 Lanchester Road, London N6 4SU

www.stormontltsrc.com

For all 7– 16 yrs

Sessions are designed to learn new skills and technique, have lots of fun, and play competitive matches with England Squash qualified coaches

Date	Time	Cost	Levels
Thurs 11 th April	10am – 3pm	£30/day (12 max)	Coaching beginner, intermediate players
Friday 12 th April	10am – 3pm	£30/day (12 max)	Coaching for beginners/intermediate
Thurs 18 th February	10am – 3pm	£20/day	Match Play Session for Players of all Levels

All players will need to wear clothing suitable for squash. Participants must bring packed lunch, refreshments and snacks.

Payment must be made in advance via BACs to 30-96-26 Acct: 22867560.

Courses may be cancelled with 48 hour notice if insufficient bookings received.

Booking is essential: Contact Vickie Prow on 07796181286 or email: northlondonsquashcoaching@gmail.com. All equipment provided.



Tetherdown school programme (above) and Archer school (right) on court at the club.



JUNIOR SQUASH

The weekly coaching sessions will resume again after the Easter holidays during the week commencing 22nd April. Full details of the junior and ladies squash coaching programme are shown. We will assume the participants will return to the sessions next term. If you are not planning to return please advise as soon as possible.

We are really excited to continue and expand on our junior program this year with the introduction of a new beginner session on a Thursday with Ewan Denny. Many of the new players are from Tetherdown School where we have resumed our school programmes with years 6 and years 3. Over 100 students have been introduced to squash by Nat Hodge and Vickie Prow, all of whom will be visiting the club at the end of the term to play on the real squash and tennis courts.

We are looking to expand our primary schools squash programme. If you would like to introduce squash to your primary school please contact me to arrange something. We can visit the school and speak to and give a presentation to the head and teachers on what we can deliver and how it is delivered in the school.

Vickie Prow, Junior Squash

AGM Wednesday 17 April 8.00pm
free drink before

Play Squash?

Driving Participation in Squash

at

Stormont Lawn Tennis and Squash Rackets Club

13 Lanchester Road, London N6 4SU

www.stormontltsrc.com

Junior Squash Coaching April - July 2019

12 Week Program (Term Time)

Starting w/c 22nd April to 19th July 2019
no coaching during half term (27th – 31st May)

Weds:	4.45 – 5.45pm beginners 7 yrs + 5.45 – 6.45pm beginners/intermediate 10 yrs +players 6.45 – 7.45pm Intermediate players
Thursdays:	4.30 – 5.30pm beginners/new players 7-11 yrs 5.15 – 6.15pm beginners/intermediate 11+ yrs 6 – 7pm intermediate players 11+ yrs
Fridays:	4.15 – 5.15pm beginners 7+ yrs 5.15 – 6.15pm beginners/intermediate 11+ yrs 6 – 7pm intermediate/advanced 11+ yrs
Fees:	£72 members/£84 non members per term. First 2 sessions free for new junior participants & fees calculated pro-rata on joining.

Payment should be made for all term sessions in advance by BACs to Sort code: 30-96-26, Acct: 22867560. Payment in cheque (payable to "Play Squash") or cash must be given to the coach. Equipment provided.

Booking is essential for all group coaching and can be made at any time.
Contact: Vickie Prow 07796181286 or email: northlondonsquashcoaching@gmail.com.

With England Squash & Middlesex County Coaches Nat Hodge, Ewan Denny and Vickie Prow.



A look back with Dinny
Never mind the weather
We had fun together
If it's rainy or if it's fine
Gonna play anyway, play anyway
From 2 hours a week
To 10 hours a day
and back again
Balls hit, laughter, fun

