

Stormont Tennis and Squash Members Guide 2015/16

GENERAL INFORMATION

Keys:	Keys to the Club Pavilion/squash courts/men's changing room are given at the time of joining. Replacement keys are available at a cost from Dinny Ravet.
Shoe tags:	Shoe tags are issued to all members (instead of membership cards). Shoe tags should be worn on sports shoes whenever members are playing on the tennis or squash courts. Committee members have the right to ask people to leave courts if they are not wearing the current year's shoe tags and cannot prove that they are fully paid-up members.
Clothing:	A list of current members is kept in the Club Pavilion on the shelf by the booking sheets. Appropriate sports clothing must be worn on both squash and tennis courts. Non-marking shoes and squash balls must be used on squash courts. Tennis shoes must be worn for tennis.
Membership:	Application forms are available from the Membership Secretary – stormontmembers@gmail.com, the Club Pavilion noticeboard or from the web site www.stormonttsrc.com
Visitors:	Members may bring a visitor to play tennis or squash at the Club only three times in one year. If a visitor wishes to play more than three times, he or she must apply to join the Club. A fee of £1.00 per visitor (50p for juniors) must be paid before play begins. Payment is made by placing 50p stamps in the visitors' book located on the shelf by the booking sheets.
Club Pavilion:	This is the location of: Stamp machine, booking sheets for tennis and squash, and visitors' book. Club notice board, tennis and squash boards including squash leagues and Club news. Junior noticeboards upstairs. Toilets and changing room. Drinks machine. Members are responsible for ensuring that the door to the Club Pavilion is kept locked and that keys are kept safe. Lights must be switched off if no one is still in the Club Pavilion.
Clubroom:	The Clubroom comprises bar, kitchen, toilet and pool table and is open during Clubtimes, coaching and when a function is taking place or a committee member is present.
Bar:	The bar is open for special events, or when a committee member or team captain with a bar key is present. Alcoholic drinks shall not be sold to any person who is not a member, or any person who is under 18 years of age.
Property:	The Club does not accept liability for members' property. Please do not leave valuables lying around in changing rooms or elsewhere on the premises.
Guests:	Guests may attend all social functions. If guests wish to play, the visitors' rules apply and fees must be paid.
Noise:	Please keep noise down – we are in a quiet residential area.
Website:	www.stormonttsrc.com contains up-to-date information on squash, tennis, membership, coaching and news.
Policies:	Club policies are maintained on the website, including, 'Children and Young Persons Protection Policy', 'Equality and Diversity Policy', and 'Recording and Publishing Images Policy'.

USE OF COURTS

Booking charges:	Only members may book courts. Squash (45 minutes) and off-peak tennis (1 hour): 50p – one stamp from the machine to be stuck on the respective squash and tennis booking sheets. Peak charges of £1 per hour (2 x 50p stamps) apply to tennis at weekends, bank holidays and weekdays after 6pm. Please write member's name clearly across the stamp.
Squash court lights:	£1 lasts 15 minutes.
Tennis floodlights:	Costs £1 for 20 minutes, i.e. £3 an hour. The meters are just inside the door on the left under the stamp machine. Floodlighting cannot be used on Sundays or bank holidays and automatically cuts off not later than 9pm.
St Luke's tennis court:	The tennis court at St Luke's is situated at the far end of Woodside Avenue, next to St James's School. It may be booked like any other Stormont tennis court. The code for the padlock is changed periodically. The current code is shown on the booking sheets or may be obtained from Dinny Ravet (07961 434889).
Weekday members:	Can only book courts/play off-peak (i.e. weekdays up to 6pm and not at weekends or on bank holidays) and are not eligible to play in the teams or tournaments.
Junior members:	Junior members may only book courts up to 7pm on weekdays, and not at weekends or bank holidays.
Tennis – Singles:	Members may book court for 1 hour only.
Doubles:	Members may book court for 1 hour or 2 hours but in the latter case only if all players are members.
Changeovers:	Always stop immediately when your hour finishes if the next people have arrived.
10 minute rule:	If a court has been booked, the players must turn up by 10 minutes past the hour, otherwise they forfeit the right to the court if anyone else (including juniors) has already started using it.
Free courts:	Players may use a court which is free for the above reason, or if it has not been booked at all.
Cancellations:	Members should cancel courts they cannot use as far in advance as possible to enable other members to use them.
Tennis net:	Correct height is 3 feet. A measuring stick is kept on each court. The nets are not designed to be leant on or jumped over! At the end of play, lower the net if no one else will be using the court.
Gates:	Use the nearest gate to your court. Always shut gates.
Safety:	Place all bags, clothing etc. at side of the court by net. Remove all litter from the court – drinks cans, ball cans etc. There is a bin in the Club Pavilion or take your rubbish home. Do not walk behind/across the other court.
Balls:	Send stray balls back to other court as soon as practicable. At Clubtime/team practices – please find all balls hit out of court. Tennis and squash balls can be purchased from Dinny Ravet.

ORGANISED PLAY

Tennis Clubtime:

The Club organises Clubtime all year round for members of suitable standard. Balls are provided and doubles play is arranged.

General Clubtime:

Sunday 10am – 1pm
Wednesday 6pm – 9pm

Squash Clubtime:

Wednesday 8pm – 9.30pm

Teams:

There are ladies', men's and junior tennis teams. There are junior and men's squash teams.

The squash teams are in the Middlesex League

The tennis teams are in the East Division of the Middlesex League.

Affiliation to British Tennis and England Squash is required in order to play for Middlesex tennis or squash teams respectively.

Only fully paid-up members are allowed to play in the teams. Weekday members are not eligible to play in either the teams or the tournaments.

There are regular team tennis practices on Saturdays throughout the year:

12 noon – 2pm Ladies'; 2pm – 4pm Men's.

There is a regular men's squash team practice on Wednesdays at 8pm.

Contact team captains if you wish to attend practice or play in teams.

Coaching:

Private and group coaching for all ages and abilities is available throughout the year for both squash and tennis.

Contact for further information:

Tennis: Dinny Ravet – 07961 434889; Lucy Dean – 07846 872043

Squash: Vickie Prow – 07796 181286

JUNIORS

PLEASE NOTE that no full-time staff are employed by the Club, and junior members may therefore be alone on the premises.

The parent/guardian of each junior member is responsible for (1): the supervision and safety of their child while on the Club premises; and (2) the locking, where necessary, of the Club Pavilion on the child's departure.

Junior members aged 11-18 may obtain a key to the Club Pavilion (squash courts) so that they can book courts and play.

Booking courts:

Juniors may only book courts up to 7pm on weekdays, and not at weekends or bank holidays. If the courts are free, juniors may use them (taking into account the 10 minute rule). Juniors may play with a senior who has booked the court.

Tennis and Squash

Clubtime:

Juniors of suitable standard may join in Sunday morning and Wednesday evening Clubtimes by invitation after applying to and being accepted by a committee member, but when it is busy they may not get as many games as senior members.

Senior competitions:

Juniors who regularly play in the Club teams may enter the Club competitions.

Events:

Organised for juniors throughout the year and where stated they may join in some of the senior social events.

Family membership:

Family juniors are still juniors and can only book up to 7pm weekdays and not at all at weekends or on bank holidays.

Media Policy:

Parents, carers and spectators may use photographic equipment only in accordance with the 'Recording and Publishing Images Policy', a copy of which is on the website.

Young Persons

Protection Officer:

Peter Ware – 07752 426683; p.ware1@btinternet.com